

Free Online CPE Courses for RDNs and DTRs

Purpose:

To assist our staff who invest personal time and expense to complete CPE requirements for CDR learning plans, the state training team has conducted a search for easily accessible online courses that offer CPEs from accredited providers for CDR. You may also search for specific activities by topic or accredited provider at https://www.cdrnet.org/go/and/cdr/cpe_search.cfm

Disclaimer:

This list of online resources is provided for the user's convenience. The courses listed are not endorsed or approved by Arizona WIC. We have not examined each resource for accuracy or potential bias. If you discover inaccurate or biased information we recommend that you report your findings to

Contact the Commission on Dietetic Registration (CDR)

Address: 120 South Riverside Plaza, Suite 2190 Chicago, IL 60606

Phone: [800 877-1600](tel:8008771600), ext. 5500

Email: cdr@eatright.org

Course Descriptions:

For convenience we have included objectives, course self-descriptions, or our own synopses of the content.

Comments and Feedback:

If you discover free CPE resources we have not included, find errors, or other comments please contact Alan.Brown@azdhs.gov or Benjamin.Hartley@azdhs.gov

WARNING! CPE ELIGIBILITY FOR SELF-STUDY COURSES EXPIRES 3 YEARS AFTER PUBLICATION:

Please verify that a self-study course you choose to take was not published more than three years ago.

- For example, Nutricia Learning Center posts webinars from as early as 2009, which means many of those older webinars are no longer eligible for CPEs. (To their credit, Nutricia Learning Center does explain on their website about the 3 year requirement for CPE eligibility.)

Shortcuts to Accredited Providers

1. [Today's Dietitian \(16 hrs\) https://ce.todaysdietitian.com/FreeCE](https://ce.todaysdietitian.com/FreeCE)
2. [Dietitian 360 Code of Ethics \(1 hr\) https://www.dietitian360.com/dietetic-code-of-ethics](https://www.dietitian360.com/dietetic-code-of-ethics)
3. [Dietitian Hub Code of Ethics courses \(3 hrs\) https://dietitianhub.com/free-ethics-cpes/](https://dietitianhub.com/free-ethics-cpes/)
4. [American Society for Nutrition ASN \(5 hrs\) https://nutrition.org/meetings/continuing-education/](https://nutrition.org/meetings/continuing-education/)
5. [Skelly Skills \(4.5 hrs\) https://www.skellyskills.com/category_s/47.htm](https://www.skellyskills.com/category_s/47.htm)
7. [Abbott Nutrition \(95 hrs\) https://anhi.org/education/course-catalog/DC11D716DA2840A29C9C7E4A62DFF5CD](https://anhi.org/education/course-catalog/DC11D716DA2840A29C9C7E4A62DFF5CD)
7. [Michael Foods \(11 hrs\) https://michaelfoods.com/foodservice/all/continuing-education](https://michaelfoods.com/foodservice/all/continuing-education)
8. [Nutricia Learning Center \(34 hrs\) https://www.nutricialearningcenter.com/](https://www.nutricialearningcenter.com/)

Today's Dietitian (16 total hrs) <https://ce.todaydietitian.com/FreeCE> Self-Study Courses
Each of the following 16 courses are eligible for 1.0 CPEU

Fiber and Heart Health

- Written by Michelle Routhenstein, MS, RD, CDE, CDN
- This special continuing education supplement is complimentary thanks to the support of our sponsor, [Hass Avocado Board](#)

Nutrition and Sports Injuries

- Written by Natalie Robertello, MS, RDN, CSSD, CDN
- This special continuing education supplement is complementary thanks to the support of our partner, [California Figs](#)

RECORDED WEBINARS

Alphabet Soup: The ABCs of Omega-3s

- Sponsored by [AlwaysOmega3s.com](#)
- Presented by Elana Natker, MS, RD
- Presented on Wednesday, April 15, 2020 from 2-3 p.m. EST

Helping Clients Make Lifestyle Changes That Get and Keep Pounds Off - What Works? (Part 2)

- Sponsored by [Fresh Avocados - Love One Today](#)
- Presented by Hope Warshaw, MMSc, RD, CDE, BC-ADM
- Presented on Wednesday, April 1, 2020 from 2-3 p.m. ET

News in Nutrition Therapy for Prediabetes and Type 2 Diabetes: Getting From Didactic to Pragmatic (Part 1)

- Sponsored by [Fresh Avocados - Love One Today](#)
- Presented by Hope Warshaw, MMSc, RD, CDE, BC-ADM
- Presented on Wednesday, March 4, 2020 from 2-3 p.m. ET

Critical Thinking About Gene Editing and Human Nutrition

- Sponsored by [Bayer](#)
- Presented by Jason Riis, PhD and Brandon McFadden, PhD
- Presented on Thursday, January 23, 2020 from 2-3 p.m. EST

Childhood Obesity Through the Eyes of Hispanic Families: The Impact of Feeding Practices

- Sponsored by the [California Strawberry Commission](#)
- Presented by Nilda Benmoar, MS, RDN, CDE
- Presented on Wednesday, December 18, 2019 from 2-3 p.m. ET

Changing the Conversation: Culinary Techniques for Cancer and Renal Disease (Part 4)

- Sponsored by [Egg Nutrition Center](#)
- Presented by Chef Abbie Gellman, MS, RD, CDN and Chef Julie Harrington, RD
- Presented on Thursday, December 12, 2019 from 2-3 p.m. ET

Update: What's New in the World of Carbohydrates

- Sponsored by [Barilla](#)
- Presented by Joanne Slavin, PhD, RD, Professor
- Presented on Thursday, October 10, 2019 from 2-3 p.m. ET

Changing the Conversation: Culinary Techniques to Meet the Needs of the Aging Population (Part 3)

- Sponsored by [Egg Nutrition Center](#)
- Presented by Chef Abbie Gellman, MS, RD, CDN and Chef Julie Harrington, RD
- Presented on Thursday, September 19, 2019, from 2–3 PM ET.

The Ethics of Hunger (Part 2)

- Sponsored by [American Pistachio Growers](#)
- Presented by Clancy Cash Harrison, MS, RDN, FAND
- Presented on Wednesday, September 18, 2019 from 2-3pm. ET.

Get Cultured on Fermented Dairy Foods

- Sponsored by the [National Dairy Council](#)
- Presented on Thursday, September 17, 2019

Changing the Conversation: Culinary Techniques to Meet the Needs for Digestive Disorders (Part 2)

- Sponsored by [Egg Nutrition Center](#)
- Presented by Chef Abbie Gellman, MS, RD, CDN and Chef Julie Harrington, RD
- Presented on Tuesday, June 18, 2019 from 2-3 p.m. ET

Fat or Fiction: The Science of Whole Milk Dairy Foods within Healthy Eating Patterns

- Sponsored by the [National Dairy Council](#)
- Presented on Tuesday, May 14, 2019

Modern Day Human Magnesium Requirements: The RDN's Role

- Sponsored by [Nature Made](#)
- Presented by Andrea Rosanoff, PhD, and Stella Lucia Volpe, PhD, RDN, ACSM-CEP, FACSM
- Presented on Tuesday, April 2, 2019, from 2-3 p.m. ET

A World Well Nourished: Dairy's Role in Health and Sustainable Food Systems

- Sponsored by the [National Dairy Council](#)
- Presented on Thursday, February 7, 2019

Dietitian 360 Code of Ethics (1.0 hr) <https://www.dietitian360.com/code-of-ethics-free>

1. "Dietetic Code of Ethics: Do It Right"

More about this CDR approved/accepted course:

- CPEU: 1
- CDR Activity no.: 151762
- Practice Competency Sphere(s): 1, 2, 9
- Practice Competencies: 1.1, 2.1, 8.4
- Performance Indicators: 1.1.5, 2.1.2., 2.1.7., 9.4.6
- CDR Learning Codes: 1000, 1050, 7000
- CDR Self-Study Activity Type: 730 Video-Based

Dietitian Hub Code of Ethics courses (3 hrs) <https://dietitianhub.com/free-ethics-cpes/>

- **Dietetic Code of Ethics**

This online video + quiz provides **1 CEU** from [Dietitian 360](#), a CDR accredited provider.

- **Pediatric Currents: Ethical Issues in Pediatric Practice**

This online course offers **1 CEU** from [Abbott Nutrition](#), a CDR accredited provider.

- **Nutrition Business: Ethics and Legalities**

This online course offers **1 CEU** from [Helm Publishing](#), a CDR accredited provider.

The following courses are available for free if you are a member of the organization:

American Society for Nutrition ASN (5 hrs) <https://nutrition.org/meetings/continuing-education/>

Low-Carbohydrate Eating Patterns for Health – Friend or Foe?

Thursday, March 19, 2020 | 1:00 pm – 2:00 pm (ET)

Organized by the American Society for Nutrition in partnership with Tate & Lyle.

Funded by Tate & Lyle.

[Access the Recording](#)

Can Meat Take the Heat or Should it Get Out of the Kitchen? Meat Cooked at High Temperature and Cancer Risk

Thursday, December 12, 2019 | 1:00 pm – 2:00 pm (ET)

Join us to discuss epidemiological evidence and current WCRF/AICR recommendations regarding meat intake and cancer risk. Experts also will review strengths and limitations of mechanistic evidence linking meat HCAs to human cancer incidence as well as common methodology used to estimate HCA and PAH exposure in epidemiologic studies.

Sponsored by the National Cattlemen's Beef Association, a contractor to the Beef Checkoff

[Access the Recording](#)

How to Fund and Implement ADOPT Core Measures in Your Adult Weight Loss Trial

Thursday, May 9, 2019 | 1:00 pm – 2:00 pm (ET)

This webinar will 1) introduce obesity researchers to the Accumulating Data to Optimally Predict obesity Treatment (ADOPT) Core Measures Project, 2) highlight use of the ADOPT core measures in an ongoing weight loss clinical trial, and 3) provide guidance on how to get involved with ADOPT, including funding opportunities.

[Access the Recording](#)

Protein's Role in Bone Health: Does Protein Type and Amount Matter?

Thursday, September 27, 2018 | 12:00 pm – 1:00 pm (ET)

The controversy as to whether dietary protein (particularly animal-derived protein) is beneficial or deleterious to bone health has been a long-standing controversy among health professionals. A recent systematic review of available data found a positive effect of dietary protein on skeletal acquisition in children and adolescents (1). Considerable attention has recently also focused on dietary protein's role in the mature skeleton, prompted in part by increasing interest in non-pharmacologic approaches to maintaining skeletal health in adult life and later adult years. Recent systematic reviews and meta-analyses by the National Osteoporosis Foundation (NOF) suggest that higher protein intakes have a significant beneficial impact on bone density and risk of fracture at the lumbar spine (2), regardless of the protein source (i.e., animal vs. plant) (3). Additionally, a separate systematic review and meta-analysis excluding or adjusting for weight loss and hormone replacement therapy found large effects on prevention of hip fractures in adults (4).

Supported by an educational grant from: [Dairy Management, Inc.](#), [Egg Nutrition Center](#), and [National Cattlemen's Beef Association](#)

[Access the Recording](#)

The Farm Bill and Beyond: Advocating for Nutrition and Research

Tuesday, April 10, 2018 | 1:00 pm – 2:00 pm (ET)

This webinar aims to inform ASN members about the 2018 Farm Bill and its impact on nutrition-related work and research. With proposed cuts of 20% or more to nutrition research funding institutions in Fiscal Year 2018, federal support for nutrition research funding, federal nutrition programs and nutrition-related public health initiatives is more important now than ever before. The 2018 Farm Bill and nutrition research funding affects the careers of all ASN members and therefore, both directly and indirectly, affects the health and lives of the stakeholders they serve and reach. This webinar will provide an overview of how the Farm Bill is crafted, explore the nutrition-related elements of the Farm Bill, and review the overall importance and impact of advocacy for nutrition and research, as well as provide insight to best practices and approaches to overcome challenges.

Related event: Farm Bill Advocacy Day

ASN is partnering with the [Academy of Nutrition and Dietetics](#), [Society for Nutrition Education and Behavior](#), and the [Food Trust](#) to host a Hill day on Tuesday, April 24 in Washington, D.C. We will meet with congressional offices between 10 am and 3 pm to advocate for nutrition education and nutrition research in the 2018 farm bill. Email [Sarah Ohlhorst](#) for more information.

Updated 11/18/20

Skelly Skills (4.5 hrs) https://www.skellyskills.com/category_s/47.htm

[FREE! Blood Glucose Experiments: Using Client Activities and Motivational Interviewing for Diabetes Management \(1 CPEU/CEU\)](#)

Free live webinar! Learn how to use motivational interviewing and experiments for diabetes management

[FREE! How to Bring our Soil Back to Life - Interview with David Montgomery, author of Growing a Revolution \(1 CPEU/CEU\)](#)

Discover the fascinating connection between soil health, plant health and human health.

[FREE! \(eArticle\) Ethics and the Dietitian in the Digital Age \(1 CPEU\)](#)

Meet your Ethics CE requirement with this free course!

[FREE! \(eArticle\) Six Simple Steps to Using Mindful Eating with your Clients \(1.5 CPEU/CEU\)](#)

Free on demand course on mindful eating!

Updated 11/18/20

Abbott Nutrition (95.0 hrs)

<https://anhi.org/education/course-catalog>

NUTRITION CARE OF THE COVID-19 PATIENT: GUIDANCE AND STRATEGIES FOR CLINICIANS TO OPTIMIZE CARE IN THE ICU

Available Credits: Nurse Contact: 1.5; Dietitian CPEU: 1.5

Program Date: 23 April 2020

Publication Date: 30 April 2020

In this pre-recorded webinar, you will review the new recommendations and guidelines from SCCM/ASPEN and ESPEN on the nutrition care of patients with COVID-19; translate the new guidance into practical nutrition care approaches; and listen to front-line clinician perspectives. This program is available for continuing education credit. Please, review the instructions at the end of the program on how to claim your credit.

[VIEW DETAILS](#)

PEDIATRIC CURRENTS: NUTRITIONAL MANAGEMENT OF PEDIATRIC FOOD ALLERGIES INCLUDING EOSINOPHILIC ESOPHAGITIS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 9 April 2020

Publication Date: 9 April 2020

In this article, you'll recognize the difference between adverse food reactions and food allergies; identify 3 types of food allergy reactions; and discuss the nutrition management of food allergies in pediatric patients.

[VIEW DETAILS](#)

NUTRITION & HEALTH CURRENTS: IDENTIFICATION, DIAGNOSIS, AND TREATMENT OF MALNUTRITION IN ADULT HOSPITALIZED PATIENTS: AN ETHICAL PERSPECTIVE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 2 April 2020

Publication Date: 2 April 2020

In this article, you'll review the importance of the Nutrition Care Process in the diagnosis of malnutrition; describe how policies and protocols can alleviate delays in diagnosis and treatment; and review hypothetical ethical case scenarios.

[VIEW DETAILS](#)

BODY COMPOSITION AND HEALTH: MODULE 1

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 27 March 2020

Publication Date: 27 March 2020

In part 1 of this 2-part series, you'll define body composition and review its terminology; differentiate between body mass index and body composition; summarize body composition assessment techniques; and more.

[VIEW DETAILS](#)

BODY COMPOSITION AND HEALTH: MODULE 2

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Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 27 March 2020

Publication Date: 27 March 2020

In part 2 of this 2-part series, you'll summarize the five-level model of human body composition; list body composition techniques associated with each level of the model; demonstrate how to use bioelectrical impedance analysis and CT scans to assess body composition in clinical practice; and more.

[VIEW DETAILS](#)

WELCOME TO THE JUNGLE: PROBIOTICS IN THE PRETERM INFANT

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 27 February 2020

Publication Date: 10 December 2019

In this course, you'll discuss the alteration of the gut microbiome in preterm infants; review recent evidence-based literature on probiotic use in the NICU; and discuss the risks vs. benefits with the use of probiotics in preterm infants.

[VIEW DETAILS](#)

BEYOND BASICS: ADDRESSING GASTROINTESTINAL INTOLERANCE IN THE ICU

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 27 February 2020

Publication Date: 2 April 2020

In this course, you'll describe mechanisms of action and the associated clinical characteristics of GI intolerance; review evidence-based approaches for managing GI intolerance in the critical care setting; and identify tailored interventions based on a patient's specific GI intolerances.

[VIEW DETAILS](#)

DETECTING PEDIATRIC MALNUTRITION: TOOLS FOR SCREENING AND CRITERIA FOR DIAGNOSING

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 2 December 2019

Publication Date: 27 December 2019

In this course, you'll review the goals, purpose and definition of the pediatric malnutrition indicators; identify their implications on the diagnosis of pediatric malnutrition; and understand how to implement pediatric malnutrition screening and rescreening tools.

[VIEW DETAILS](#)

DIETITIANS DRIVING IMPACT: DATA ON IMPROVED PATIENT CARE FROM THE MALNUTRITION QUALITY IMPROVEMENT INITIATIVE (MQII)

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 27 October 2019

Publication Date: 27 February 2020

In this course, you'll review best-in-class examples describing how to capture data from key nutrition interventions; describe the critical role of the dietitian in interdisciplinary teams; and discuss the

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evidence linking nutrition care delivery to improved patient outcomes. Originally presented at the 2019 Food and Nutrition Conference and Expo (FNCE).

[VIEW DETAILS](#)

CAN METABOTYPING HELP DELIVER THE PROMISE OF PERSONALIZED NUTRITION?

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 8 October 2019

Publication Date: 12 March 2020

In this course, you'll discuss the effectiveness of dietary advice within the different levels of personalization; describe the concept of metabotyping; and provide examples of use for metabotyping as a useful approach for the identification of groups who may have similar nutritional needs. This program was originally presented at the 2019 Abbott Nutrition Research Conference.

[VIEW DETAILS](#)

GUT MICROBIOME, NUTRIENT INTERACTIONS AND PERSONALIZED NUTRITION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 8 October 2019

Publication Date: 12 March 2020

In this course, review how diet impacts the gut microbiome; discuss how the gut microbiome impacts an individual's nutritional status and need for personalized nutrition; and highlight future areas of research. Originally presented at the 2019 Abbott Nutrition Research Conference.

[VIEW DETAILS](#)

OPIOID USE DISORDERS IN PREGNANCY

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 October 2019

Publication Date: 30 January 2020

In this course, you'll discuss the process for screening pregnant women with opioid use disorder; identify intervention options; and review resources and recovery services.

[VIEW DETAILS](#)

PERINATAL DEPRESSION SCREENING IN THE NICU: RISK FACTORS, MYTHS AND RESOURCES

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 October 2019

Publication Date: 30 January 2020

In this course, you'll recognize the signs and symptoms of perinatal depression; identify the risk factors; describe the importance of screening; and discuss the effects of perinatal mood disorders on the offspring.

[VIEW DETAILS](#)

TRAUMA-INFORMED CARE AND SUICIDALITY

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 October 2019

Publication Date: 30 January 2020

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In this course, you'll define Trauma-Informed Care and Adverse Childhood Experiences (ACEs); identify 4 health outcomes linked to ACEs; discuss 3 Trauma-Informed Care techniques; and describe the risk of suicidality in the perinatal period.

[VIEW DETAILS](#)

DON'T TRY HARDER, TRY DIFFERENT

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 October 2019

Publication Date: 30 January 2020

In this course, you'll identify areas where we get stuck in doing the same behaviors over and over; and discuss strategies to develop new ways of functioning in our environment.

[VIEW DETAILS](#)

WHEN OUR THOUGHTS BETRAY US: ANXIETY IN THE PERINATAL EXPERIENCE OF MOMS AND DADS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 October 2019

Publication Date: 30 January 2020

In this course, you will identify how anxiety an OCD can have a negative impact on the perinatal experience; and describe basic behavioral skills to address anxiety and stress.

[VIEW DETAILS](#)

THE IMPORTANCE OF PERIOPERATIVE NUTRITION IN WOUND HEALING

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 28 September 2019

Publication Date: 30 January 2020

In this course, you'll discuss how to optimize patient outcomes by improving nutrition status preoperatively; describe the benefits of immunonutrition in enhancing surgical recovery; and demonstrate the potential for improved wound healing and reduced surgical complications. Originally presented at the 2019 AMSN 28th Annual Convention.

[VIEW DETAILS](#)

PEDIATRIC CURRENTS: APPLYING MALNUTRITION INDICATORS IN THE PRETERM AND NEONATAL POPULATION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 26 September 2019

Publication Date: 26 September 2019

In this course, you'll describe why identifying malnutrition in preterm infants and neonates is important; review the recommended malnutrition indicators; and read practical case study examples to identify the malnutrition indicators.

[VIEW DETAILS](#)

PEDIATRIC TUBE FEEDING AND CARE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

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Program Date: 20 September 2019

Publication Date: 11 November 2019

In this course, you'll identify children that may require tube feeding; recognize influencing factors for proper tube selection and placement; discuss nutritional challenges; and review how to care for the tube feeding site.

[VIEW DETAILS](#)

HUMAN MILK OLIGOSACCHARIDES: NEWS IN HMO RESEARCH

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 19 September 2019

Publication Date: 4 March 2019

In this course, you'll define human milk oligosaccharides (HMOs); summarize potential direct and indirect HMO effects; discuss maternal genetic and environmental factors that influence HMO composition; and evaluate the current state of evidence for the role of HMOs in diseases. Originally presented at the HMO Summit on March 4, 2019 in Granada, Spain.

[VIEW DETAILS](#)

DIAGNOSTIC AND THERAPEUTIC ADVANCES IN EOSINOPHILIC ESOPHAGITIS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 7 September 2019

Publication Date: 16 January 2020

In this course, you'll discuss diagnostic advances, including the new international consensus diagnostic guidelines; discuss the rationale and approach to dietary elimination therapy; review pharmacologic treatments for EoE; and more.

[VIEW DETAILS](#)

NUTRITIONAL MANAGEMENT OF EOSINOPHILIC ESOPHAGITIS: FOOD ALLERGENS AND BEYOND

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 7 September 2019

Publication Date: 28 January 2020

In this course, you'll review dietary approaches for the management of eosinophilic esophagitis; discuss implications of exclusion diets; and examine case studies with food allergic patients.

[VIEW DETAILS](#)

IMPROVING PATIENT OUTCOMES: NEW INSIGHTS AND EVIDENCE ON THE IMPORTANCE OF MUSCLE AND TARGETED NUTRITION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 31 August 2019

Publication Date: 2 April 2020

In this course, you'll discuss the role of nutrition for muscle and overall health; demonstrate the importance of measuring muscle strength, muscle mass and function to improve outcomes for vulnerable patient populations; and more. Originally recorded at the 41st ESPEN Congress in Krakow, Poland.

[VIEW DETAILS](#)

PEDIATRIC FOOD ALLERGIES

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Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 21 August 2019

Publication Date: 10 October 2019

In this course, you'll review allergy terminology and the allergy- focused history; identify strategies for the prevention of food allergy development; and analyze several common food allergy myths and misconceptions.

[VIEW DETAILS](#)

CONNECTED CONSULTATIONS: HARNESSING THE POWER OF PSYCHOLOGY TO IMPROVE THE PARENT AND PATIENT JOURNEY

Available Credits: Dietitian CPEU: 0.5

Program Date: 19 August 2019

Publication Date: 19 April 2019

In this course, you'll identify psychological factors that can affect the patient and family before, during and after a dietetic consultation; review psychological principles to help address challenges; and discuss practical tips to enrich conversations with parents.

[VIEW DETAILS](#)

NEONATAL FUNDAMENTALS: DISCHARGE AND FOLLOW-UP

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0; Case Manager CEU: 1.0

Program Date: 11 August 2019

Publication Date: 7 August 2019

In this course, you'll review growth and potential nutrient deficits; discuss human milk and infant formula options for nutritional support at discharge; describe issues related to feeding progression in the high-risk newborn.

[VIEW DETAILS](#)

OPTIMIZING NUTRITION STATUS OF THE CARDIAC SURGERY PATIENT

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 7 August 2019

Publication Date: 16 January 2020

In this course, you'll identify the unique needs of the cardiac surgery patient and the potential effects of surgery; review screening tools; and discuss recommended ERAS nutrition interventions.

[VIEW DETAILS](#)

NUTRITION-FOCUSED PHYSICAL EXAM - PART 1: SUBCUTANEOUS FAT AND MUSCLE LOSS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 1 August 2019

Publication Date: 9 January 2019

Nutrition-Focused Physical Exam - Part 1: Subcutaneous Fat and Muscle Loss

[VIEW DETAILS](#)

PROBIOTIC USE IN THE NICU: IS NOW THE TIME?

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

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Program Date: 17 June 2019

Publication Date: 30 August 2019

In this course, you'll review the importance of the microbiota and its development in term and preterm infants; discuss the alteration of the gut microbiota in the preterm infant; summarize evidence-based literature on probiotic use in the NICU; and discuss common probiotic safety concerns and implementation strategies in the NICU.

[VIEW DETAILS](#)

BURN TRAUMA: BENEFITS OF A NURSING AND NUTRITION COLLABORATION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 13 June 2019

Publication Date: 22 August 2019

In this course, you'll describe how the severity of a burn is determined; discuss the pathophysiology of inflammation and its effect on fluid balance and metabolism; describe the impact of burn wounds; review evidenced-based medical nutrition therapy for treatment of burn wounds.

[VIEW DETAILS](#)

2'-FUCOSYLLACTOSE: AN ALLERGY MODULATING HUMAN MILK OLIGOSACCHARIDE?

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 6 June 2019

Publication Date: 16 September 2019

In this course, you'll review the emerging role of the human milk oligosaccharide, 2-fucosyllactose (2'FL) in allergy modulation; discuss 2'FL potential mechanisms of action; and recognize the importance of breastfeeding. Originally presented on June 6, 2019 at the ESPGHAN Conference in Glasgow, Scotland

[VIEW DETAILS](#)

PEDIATRIC CURRENTS: SCREENING FOR MALNUTRITION RISK IN PEDIATRICS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 30 May 2019

Publication Date: 30 May 2019

In this course, you'll describe the value of screening children for malnutrition; define the terms nutrition screen and nutrition assessment; and identify four pediatric nutrition screening tools that have been clinically validated.

[VIEW DETAILS](#)

UTILIZATION OF NHANES DATA TO ASSESS PEDIATRIC UNDERNUTRITION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 23 May 2019

Publication Date: 2 August 2019

In this course, you'll summarize the AND/ASPEN consensus statement on pediatric malnutrition; discuss the NHANES survey methodology and recent malnutrition data analysis; and identify how clinicians can apply the latest NHANES data into clinical practice.

[VIEW DETAILS](#)

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FEED-INDUCED DYSTONIA IN TUBE FED PATIENTS

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 8 May 2019

Publication Date: 21 November 2019

In this course, you'll identify clinical features of feed-induced dystonia (FID); review mechanisms of action in FID; and recognize diagnostic criteria and practical care plan steps in managing FID. In this course, you'll identify clinical features of feed-induced dystonia (FID); review mechanisms of action in FID; and recognize diagnostic criteria and practical care plan steps in managing FID.

[VIEW DETAILS](#)

CHRONIC CONDITIONS: HOW ARE FEEDING BEHAVIORS AFFECTED?

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 8 May 2019

Publication Date: 18 March 2019

In this course, you'll recognize clinical features and underlying mechanisms for avoidant restrictive food intake disorder (ARFID) in children; and identify how chronic conditions can affect food behaviors in children.

[VIEW DETAILS](#)

RESPIRATORY CONDITIONS: CRITICAL MOMENTS IN GROWTH

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 8 May 2019

Publication Date: 18 November 2019

In this course, you'll identify the risks for malnutrition in respiratory conditions during critical periods of growth; and discuss nutrition interventions to manage respiratory conditions.

[VIEW DETAILS](#)

NUTRITION AND GROWTH IN CHRONIC DISEASE

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 8 May 2019

Publication Date: 3 December 2019

In this program, you'll recognize the risk of malnutrition in childhood chronic disease; describe the common pathophysiological factors in childhood chronic disease; and identify nutrition intervention strategies.

[VIEW DETAILS](#)

INNOVATIVE APPROACHES TO PREVENTING AND TREATING GI INTOLERANCE IN THE INTENSIVE CARE UNIT

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 1 May 2019

Publication Date: 24 July 2019

In this course, you'll review the prevalence and clinical indicators of GI intolerance in critical care patients; discuss the impact of GI intolerance on clinical outcomes; and summarize evidence-based approaches to preventing and treating GI intolerance.

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[VIEW DETAILS](#)

MALNUTRITION SCREENING IN ADULTS: COMBINING EVIDENCE AND CLINICAL PRACTICE TO IMPROVE PATIENT CARE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 25 April 2019

Publication Date: 18 June 2019

In this course, you'll review the background and evolution of validated nutrition screening tools for adults; summarize new evidence; and discuss the use of these tools in real-world examples.

[VIEW DETAILS](#)

NEONATAL FUNDAMENTALS: INFANT NUTRITION ASSESSMENT

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0; Case Manager CEU: 1.0

Program Date: 12 April 2019

Publication Date: 17 May 2019

In this course, you'll define gestational age and birth weight; review the five essential components of infant nutrition assessment; and discuss indicators for neonatal malnutrition.

[VIEW DETAILS](#)

NEONATAL FUNDAMENTALS: PARENTERAL NUTRITION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 12 April 2019

Publication Date: 21 May 2019

In this course, you'll identify 3 indications for use of parenteral nutrition; identify parenteral dose recommendations for specific nutrients; and describe ways to manage chronic complications associated with parenteral nutrition.

[VIEW DETAILS](#)

NEONATAL FUNDAMENTALS: ENTERAL NUTRITION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 11 April 2019

Publication Date: 17 May 2019

In this course, you'll list 4 benefits of human milk; review recommendations for the very low birth weight, preterm infant; and describe ways to initiate and advance enteral feedings in the NICU.

[VIEW DETAILS](#)

NEW INSIGHTS ON THE ROLE OF NUTRITION IN ENHANCED RECOVERY AFTER SURGERY

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 24 March 2019

Publication Date: 28 June 2019

In this course, you'll review the role of nutrition in ERAS protocols; discuss how immunonutrition can be integrated into ERAS protocols; and identify ways to incorporate nutrition-based ERAS protocols into practice. This program was originally presented at the ASPEN 2019 Nutrition Science & Practice Conference.

[VIEW DETAILS](#)

MEASURING MUSCLE, STRENGTH AND PHYSICAL PERFORMANCE IN AGING ADULTS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 20 March 2019

Publication Date: 22 July 2019

In this course, you'll review current guidelines and recommendations for diagnosing sarcopenia; highlight various measurements and assessments to muscle mass, strength and physical performance; and watch live demonstrations. Participants will need to complete the required reading prior to viewing the video program to obtain credit.

[VIEW DETAILS](#)

CRITICAL CARE NUTRITION: OPTIMIZING DELIVERY AND OUTCOMES

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 15 March 2019

Publication Date: 8 April 2019

In this course, you'll review elect 2016 Critical Care Guidelines and applications in practice; describe volume-based feeding practices; and discuss feeding intolerance in the critically ill patient.

[VIEW DETAILS](#)

APPLYING SPECIFIC WHO ICOPE GUIDELINES TO PROMOTE ACTIVE AGING

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 13 March 2019

Publication Date: 15 May 2019

In 2017, The World Health Organization released the Integrated Care for Older People (ICOPE) guidelines. This webinar reviews the ICOPE guidelines and discusses the exercise, nutrition, and falls prevention guidelines in detail. The speakers identify strategies to apply ICOPE guidelines to practice.

[VIEW DETAILS](#)

LIFESTYLE CONSIDERATIONS FOR CHRONIC CONDITIONS IN THE COMMUNITY

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 8 March 2019

Publication Date: 13 September 2019

In this course, you'll identify the prevalence of chronic conditions among adults in the community; review three principle lifestyle risk factors associated with chronic conditions; and discuss approaches on how to deliver dietary advice to patients.

[VIEW DETAILS](#)

PRACTICAL STRATEGIES FOR ACHIEVING GROWTH POTENTIAL IN CHILDREN

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 7 March 2019

Publication Date: 5 June 2019

Updated 11/18/20

In this course, you'll identify four pediatric chronic health conditions that are associated with malnutrition; discuss nutritional interventions to prevent or correct growth faltering in children; and outline the current recommendations for the nutritional assessment, intervention and monitoring of Chron's Disease. Originally presented on March 7, 2019 at the 6th International Conference on Nutrition & Growth.

[VIEW DETAILS](#)

CATCH-UP GROWTH: NUTRIENT NEEDS AT THE GROWTH PLATE

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 6 March 2019

Publication Date: 12 June 2019

In this course, you'll identify fundamental biological mechanisms that are involved in human bone growth; review how growth plate chondrocytes are regulated; and discuss several genetic defects that are responsible for alterations in normal stature. Originally presented at the 3rd Annual Growth Summit in Valencia, Spain.

[VIEW DETAILS](#)

HUMAN MILK OLIGOSACCHARIDE: CLINICAL AND EPIDEMIOLOGIC CONSIDERATIONS

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 6 March 2019

Publication Date: 12 June 2019

In this course, you'll discuss the "microbial challenge"; review the protective factors of mother's milk; review HMOs in relationship to the gut microbiota; and identify the impact of HMOs on health and growth outcomes. Originally presented at the HMO Summit on March 4, 2019 in Granada, Spain.

[VIEW DETAILS](#)

THE IMPACT OF NUCLEOTIDES ON IMMUNITY AND INFANT HEALTH

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 4 March 2019

Publication Date: 30 May 2019

In this course, you'll review the structure and main functions of nucleotides; describe the main clinical outcomes associated with nucleotides in the infant population; identify mechanisms of action that support infant health; and discuss the potential relationship between HMOs and nucleotides in supporting immune development. Originally presented at the HMO Summit on March 4, 2019 in Granada, Spain.

[VIEW DETAILS](#)

WOUND HEALING AND NUTRITIONAL MANAGEMENT

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 18 February 2019

Publication Date: 4 March 2019

In this course, you'll define acute vs. chronic wounds; review the phases of wound healing; and discuss the role and components of medical nutrition therapy in wound healing.

[VIEW DETAILS](#)

NICU CURRENTS: EVIDENCE-BASED GUIDE TO HUMAN MILK FORTIFIERS

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Updated 11/18/20

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 1 January 2019

Publication Date: 8 February 2019

In this course, you'll identify nutritional challenges for premature infants; discuss several types of human milk fortifiers and strategies; compare evidence for human milk fortifiers; and review concerns about growth, metabolic acidosis, and osmolality.

[VIEW DETAILS](#)

NICU CURRENTS: THE NEONATAL MICROBIOME – IMPROVING OUTCOMES WITH PREBIOTICS AND PROBIOTICS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 1 January 2019

Publication Date: 8 February 2019

In this course, you'll review prebiotics and probiotics; identify risk factors that can alter the neonatal microbiome; and name two common complications developed by premature infants that may be prevented by probiotic administration.

[VIEW DETAILS](#)

NECROTIZING ENTEROCOLITIS PREVENTION

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 3 December 2018

Publication Date: 15 November 2018

In this course, you'll learn about risk factors for necrotizing enterocolitis (NEC) in the small baby; review two complications associated with NEC; and identify best practices important in reducing the incidence of NEC. This course was developed by Engage Grow Thrive, as part of a Small Baby Care Specialist® Program.

[VIEW DETAILS](#)

PRE-FEEDING INTERVENTIONS: SET UP FOR SUCCESS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 December 2018

Publication Date: 21 November 2018

In this course, you'll discuss two ways an infant develops feeding skills in utero; identify three neonatal experiences in the NICU that can negatively affect the premature infant's future feeding skills; and describe three pre-feeding techniques to facilitate the foundation for positive oral feeding skills. This course was developed by Engage Grow Thrive, as part of a Small Baby Care Specialist® Program.

[VIEW DETAILS](#)

MOTIVATIONAL INTERVIEWING: AN APPROACH FOR ADDRESSING AMBIVALENCE FOR CHANGE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 15 November 2018

Publication Date: 1 April 2011

In this course, you'll define the four core techniques of motivational interviewing (MI); review MI tools; identify differences between MI and the traditional patient interview; and discuss common challenges for implementing MI.

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[VIEW DETAILS](#)

UTILIZING CONTINUOUS GLUCOSE MONITORING DATA TO IMPROVE DIABETES CARE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 15 November 2018

Publication Date: 9 April 2020

In this course, you'll learn about continuous glucose monitoring (CGM) reports; discuss the value of real-time glucose trend information; review best practice tips for clinicians; and review examples of how CGM reports can guide patient action.

[VIEW DETAILS](#)

ADVANCES IN HUMAN MILK FORTIFICATION: EVIDENCE FOR PRETERM INFANTS – PART 2

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 14 November 2018

Publication Date: 14 November 2018

In this course, you'll evaluate research findings on human (HM) fortifiers; compare evidence for powdered, liquid, and HM-based human milk fortifiers; and review concerns about growth, metabolic acidosis, and osmolality.

[VIEW DETAILS](#)

PEDIATRIC CURRENTS: MANAGING RESPIRATORY SYNCYTIAL VIRUS INFECTIONS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 1 November 2018

In this course, you'll learn about the prevalence and pathophysiology of Respiratory Syncytial Virus (RSV); review prevention and treatment guidelines; and outline the clinician's role in the management of infants with RSV.

[VIEW DETAILS](#)

PEDIATRIC CURRENTS: ETHICS IN PEDIATRIC PRACTICE

Available Credits: Nurse Contact: 1.0, Dietitian CPEU: 1.0

Program Date: 1 November 2018

In this course, you'll learn about ethics in pediatric practice; identify common ethical dilemmas when caring for children; and review ethics-related resources and guidelines to help support medical decision-making.

[VIEW DETAILS](#)

DIETITIANS LEADING INNOVATION: USING DATA FOR QUALITY IMPROVEMENT AND PATIENT-FOCUSED TRANSITIONS OF CARE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 22 October 2018

Publication Date: 22 February 2019

In this course, you'll learn about how your facility can partner with an information technology department to collect malnutrition care data; discuss how to apply data to demonstrate the value of nutrition; and identify opportunities for dietitians to lead nutrition-focused quality improvement programs.

[VIEW DETAILS](#)

EVIDENCE ON VALUE & IMPACT IN SURGICAL NUTRITION

Available Credits: .Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 5 October 2018

Publication Date: 14 December 2018

In this course, you'll learn about role of proper nutrition in surgical patients; review examples of health economics and outcomes research studies on surgical patients; recognize the importance of nutrition-focused quality improvement programs; and discuss practical guidance and recommendations on ways to implement and evaluate hospital-based surgical nutrition protocols.

[VIEW DETAILS](#)

USING REAL-WORLD DATA TO MAKE A REAL-WORLD DIFFERENCE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 25 September 2018

Publication Date: 14 December 2018

In this course, you'll learn about health economics outcomes research (HEOR) and its value to care delivery; review approaches to conducting HEOR and emphasize the role of enhanced quality improvement programs (QIPs); and review examples of nutrition-focused, enhanced QIPs. Please note: the video is accompanied by a required reading that must be completed to obtain the full credit hour.

[VIEW DETAILS](#)

ENHANCING RECOVERY AFTER SURGERY: MAXIMIZING THE ROLE OF NUTRITION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 14 September 2018

Publication Date: 18 January 2018

In this course, you'll learn about enhanced recovery after surgery (ERAS) and its nutrition components; review the latest scientific evidence supporting perioperative nutrition; and identify practical implications and the role of multidisciplinary collaboration.

[VIEW DETAILS](#)

NECROTIZING ENTEROCOLITIS PREVENTION

Available Credits: Nurse CE: 0.5, Dietitian CPEU: 0.5

Program Date: 1 September 2018

In this course, you'll learn about risk factors for necrotizing enterocolitis (NEC) in the small baby; review two complications associated with NEC; and identify best practices important in reducing the incidence of NEC. This course was developed by Engage Grow Thrive, as part of a Small Baby Care Specialist® Program.

[VIEW DETAILS](#)

INFORM DECISIONS THAT MATTER

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 30 August 2018

Publication Date: 14 December 2018

Updated 11/18/20

In this course, you'll learn about how health economics research can be an effective tool; compare types of costs and benefits that can be measured when assessing the impact of nutrition care interventions; and review examples of studies that use health economics methods. Please note: the video is accompanied by a required reading that must be completed to obtain the full credit hour.

[VIEW DETAILS](#)

SUSPECTED INBORN ERRORS OF METABOLISM IN THE NEWBORN (ENGLISH)

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 3 August 2018

Publication Date: 20 November 2018

In this course, you'll review the clinical findings that may be suspicious of a metabolic disorder; learn about laboratory studies that are performed for suspected metabolic disorders; and outline treatment guidelines, focusing on stabilization and acute management.

[VIEW DETAILS](#)

CARBOHYDRATE QUALITY: WHAT DO I TELL MY PATIENTS?

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 21 June 2018

Publication Date: 18 January 2019

In this course, you'll review the carbohydrate-insulin model; define the four domains of carbohydrate quality; assess cardiometabolic benefits; learn about interactions of different phenotypes/genotypes with domains of carbohydrate quality; and more. This program was originally presented at the 117th Abbott Nutrition Research Conference.

[VIEW DETAILS](#)

GESTATIONAL DIABETES MELLITUS: LATEST RESEARCH & GUIDELINES

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 21 June 2018

Publication Date: 18 January 2019

In this course, you'll learn about maternal risk factors, epidemiology, and screening methods for gestational diabetes mellitus (GDM); review dietary guidelines for the management of GDM; and briefly discuss new technologies such as continuous glucose monitoring. This program was originally presented at the 117th Abbott Nutrition Research Conference.

[VIEW DETAILS](#)

CLINICAL PRESENTATIONS OF COW'S MILK ALLERGY IN INFANTS AND CHILDREN

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 15 June 2018

Publication Date: June 2018

In this course, you'll define cow's milk allergy (CMA); discuss its clinical features; review dietary management; and review case-study presentations.

[VIEW DETAILS](#)

THE TREND TO BLEND: REAL FOOD TUBE FEEDING

[Back to Contents](#)

Updated 11/18/20

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0; Case Manager CE: 1.0

Program Date: 15 June 2018

Publication Date: June 2018

In this course, you'll discuss the growing trend and usage of the blenderized tube feeding diet; identify the risks and benefits; and discuss how clinicians can assure complete nutrition in this patient population.

[VIEW DETAILS](#)

STRENGTHENING HEALTH OUTCOMES IN THE COMMUNITY POPULATION - PART 1: RECOGNIZING PATIENTS AT NUTRITIONAL RISK

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0; Case Manager CE: 1.0

Program Date: June 2018

Publication Date: 29 June 2018

In this course, you'll review the prevalence and definition of poor nutrition; discuss the evidence and guidelines for nutrition intervention in the community; and learn to recognize patients at risk for poor nutrition in the community.

[VIEW DETAILS](#)

STRENGTHENING HEALTH OUTCOMES IN THE COMMUNITY POPULATION – PART 2: INCORPORATING NUTRITION INTO PRACTICE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0; Case Manager CE: 1.0

Program Date: June 2018

Publication Date: 29 June 2018

In this course, you'll discuss nutrition concerns in the community; review the benefits of nutrition intervention in the community setting; learn ways to incorporate nutrition into practice; and utilize positive messaging techniques to educate patients. Note that this course is part 2 of a 2-part series on community nutrition.

[VIEW DETAILS](#)

ADVANCES IN HUMAN MILK FORTIFICATION: EVIDENCE FOR PRETERM INFANTS - PART 1

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 15 May 2018

Publication Date: May 2018

In this course, you'll review the challenges and recommendations for meeting nutritional needs in premature infants; learn about several types of human milk fortifiers; and review different strategies for human milk fortification.

[VIEW DETAILS](#)

NUTRITION INTERVENTION FOR HEALTHY CHILDHOOD GROWTH

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 1 May 2018

Publication Date: 28 February 2018

In this two-part program, learn about nutrition intervention for healthy childhood growth from both, the clinician and dietitian point of view. Originally presented at the Growth Summit in Paris, France on February 28, 2018.

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[**VIEW DETAILS**](#)

HOSPITAL MALNUTRITION: NUTRITIONDAY RESULTS AROUND THE GLOBE AND PROVIDING OPTIMAL CARE FOR YOUR PATIENTS - PART 1

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: April 2018

Publication Date: 23 January 2018

In Part 1, you'll discuss the prevalence of malnutrition and its impact on hospital outcomes; learn about the nutritionDay worldwide initiative; and review worldwide nutritionDay results.

[**VIEW DETAILS**](#)

HOSPITAL MALNUTRITION: NUTRITIONDAY RESULTS AROUND THE GLOBE AND PROVIDING OPTIMAL CARE FOR YOUR PATIENTS - PART 2

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: April 2018

Publication Date: 23 January 2018

In Part 2, you'll discuss the importance of the nutritionDay worldwide initiative; learn about how the data is being used, particularly in Colombia and the United States; and review a case scenario of how nutritionDay results can be translated into clinical practice.

[**VIEW DETAILS**](#)

PEDIATRIC CURRENTS: PEDIATRIC OBESITY

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 30 March 2018

Publication Date: March 2018

This course defines childhood obesity, discusses how it is measured, and identifies contributing risk factors. It also provides five recommendations for managing childhood obesity.

[**VIEW DETAILS**](#)

PEDIATRIC CURRENTS: CHILDHOOD BULLYING AND AGGRESSION

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 30 March 2018

Publication Date: March 2018

This course defines childhood aggression and bullying, and identifies childhood characteristics that predispose to bullying. It also reviews signs to help you recognize when a child is being bullied.

[**VIEW DETAILS**](#)

AN INTERDISCIPLINARY APPROACH TO DIABETES CARE

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0; Case Manager CE: 1.0

Program Date: 28 March 2018

Publication Date: 29 June 2018

Updated 11/18/20

In this course, you'll learn about the initial testing and treatment for a patient newly diagnosed with type 2 diabetes or prediabetes; identify the critical touchpoints for diabetes self-management, education, and support; and review the roles of different providers in the diabetes care continuum.

[VIEW DETAILS](#)

BECOME AN INSTITUTIONAL LEADER OF CHANGE: IMPLEMENTATION OF ELECTRONIC CLINICAL QUALITY MEASURES (ECQMS)

Available Credits: Nurse Contact: 1.5; Dietitian CPEU: 1.5

Program Date: March 2018

A multi-disciplinary expert panel will discuss the impact and opportunities of the Malnutrition Quality Improvement Initiative (MQii) and associated Electronic Clinical Quality Measures (eCQMs). The panel will also discuss how RDNs can engage interprofessional partners and hospital leadership, and develop best-practices for implementation.

[VIEW DETAILS](#)

HMO FOR GUT HEALTH, IMMUNITY AND BEYOND

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 1 March 2018

Publication Date: 22 May 2018

Learn about the history, source and biology of human milk oligosaccharides. The program was originally presented at the Nutrition & Growth Conference in Paris, France on March 1, 2018.

[VIEW DETAILS](#)

OPTIMIZING THE HUMAN MILK DIET FOR PRETERM INFANTS

Available Credits: Nurse Contact: 0.5; Dietitian CPEU: 0.5

Program Date: 28 February 2018

Publication Date: 10 August 2018

In this course, you'll learn about the advantages of enteral feeding; identify the beneficial effects of a human milk diet in the premature infant; review human milk fortification strategies; and plan a discharge diet for a preterm infant.

[VIEW DETAILS](#)

ROLE OF MUSCLE TO SUPPORT STRENGTH, VITALITY AND ACTIVITY IN COMMUNITY PATIENTS

Available Credits: Nurse Contact: 1.0; Dietitian CPEU: 1.0

Program Date: 29 January 2018

Publication Date: 5 March 2018

This program provides an insight to the central role of lean mass and muscle in strength, vitality and physical functioning. Learn about the impact of muscle loss in community-dwelling older adults and identify ways that nutrition and physical activity can support muscle health in this population.

[VIEW DETAILS](#)

Michael Foods (11 hrs) <https://michaelfoods.com/foodservice/all/continuing-education>

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RDNs, DTRs, Certified Chefs, and CDM, CFPPs: Michael Foods is pleased to offer you self-study CE programs — free and online! Six of our programs approved for California REHS.

Celiac Disease and Gluten-Free Restrictions

Celiac disease affects approximately 3 million Americans. 8 million Americans have gluten sensitivity. Celiac disease is not a fad, and although there are some individuals who choose to be gluten-free, their actions are distinct from those who must eat gluten-free. In this course, you'll learn how to differentiate the two conditions, as well as discuss the FDA's guidelines regarding food labeling and gluten-free products, how celiac disease and gluten-free needs affect patient care, and the rapidly growing market for gluten-free products. Approved for 1 hr CE: ACF, ANFP, CBDM (sanitation CE), CDR, CDPH (California REHS).

CDR Activity #126959

CDR Learning Codes: 4000 (Wellness and public health), 5110 (Allergies, sensitivities), 5220 (Gastrointestinal disorders), 8040 (Food Safety, HACCP, and sanitation).

[Take the free program >](#)

Food Allergen Management

For any operation, food allergen management is a complex undertaking. The FDA Food Code requires foodservice operations to be aware of the Big 8 food allergens. In addition, foodservice operations bear responsibility for managing food allergen risk to protect guests from allergic reactions. This course will equip you with an understanding of the principles of allergen risk management in foodservice, as well as sources of allergen exposure, how to address signs of allergic reaction, and best practices in foodservice that can help keep your guests safe. Approved for 1 hr CE: ACF, ANFP, CBDM (sanitation CE), CDR, CDPH (California REHS).

CDR Activity #125890

CDR Learning Codes: 4000 (Wellness and public health), 5110 (Allergies, sensitivities), 8000 (Food Systems & Culinary Arts), 8040 (Food Safety, HACCP, and sanitation).

[Take the free program >](#)

Allergy Awareness

What is the difference between a food allergy and a food sensitivity? Why is there such heightened awareness of allergies and sensitivities today? In this program, learn the answers to these questions along with the Big 8 food allergens in the U.S. (and beyond), methods of diagnosing allergies, and current treatment research for food allergies. Approved for 2 hrs CE: ACF, ANFP, CBDM (sanitation CE), CDR, CDPH (California REHS).

CDR Activity #122171

CDR Learning Codes: 4000 (Wellness and public health), 5110 (Allergies, sensitivities), 8000 (Food Systems & Culinary Arts), 8040 (Food Safety, HACCP, and sanitation).

[Take the free program >](#)

Protein Nutrition & Egg Chemistry

Protein is critical to health in all stages of life. Do you ever wonder why? In this program, you'll discover the role of protein in the diet, the chemical composition of protein, and the effect cooking has on protein molecules. Approved for 1 hr CE: ACF, CBDM, CDR.

CDR Activity #113773

CDR Learning Codes: 3040 (Food consumption, fluid balance), 2040 (Food science, genetically modified food).

[Take the free program >](#)

Kitchen Science: Culinary Techniques

Are you frustrated by curdling in eggs? Want to learn techniques for preventing it? This program explores the science behind egg cookery and offers you techniques for avoiding tricky culinary situations. Take the course to earn 1 hr of continuing education. Approved for 1 hr CE: ACF, CBDM, CDR.

CDR Activity #113772

CDR Learning Code: 2040 (Food science, genetically modified food).

Take the free program >

Cross Contamination Action Ideas (2nd Edition)

This course addresses common foodservice practices that lead to foodborne illnesses. Discover how cross contamination is a contributing factor to foodborne illnesses, where the trouble spots are in both commercial and home kitchens, and action steps you can take to safeguard your clients today. Take the course and earn 1 hr continuing education. Approved for 1 hr CE: ACF, ANFP, CBDM (sanitation CE), CDR, CDPH (California REHS).

CDR Activity #104198

CDR Learning Codes: 8000 (Food Service Systems & Culinary Arts), 8040 (Food Safety, HACCP, and sanitation).

Take the free program >

Foodborne Illness: The Fork Stops Here! (2nd Edition)

Trying to make sense of food recalls and foodborne illness outbreaks? This program gives you background on key trends in food safety. See current facts and figures, and dig into the details behind topics such as emerging pathogens and antibiotic resistance! Take the course and earn 2 hrs continuing education. Approved for 2 hrs CE: ACF, ANFP, CBDM (sanitation CE), CDR, CDPH (California REHS).

CDR Activity #097530

CDR Learning Codes: 8000 (Food Service Systems & Culinary Arts), 8040 (Food Safety, HACCP, and sanitation).

Take the free program >

Food Preservation Techniques (2nd Edition)

Are you mystified by food preservation terms and technologies? Want to know what nanoparticles are, or why acidulants are added to processed foods? Enjoy this overview of food preservation.

Take the course and earn 2 hrs continuing education. Approved for 2 hrs, ACF, ANFP, CBDM (sanitation CE), CDR, CDPH (California REHS).

CDR Activity #123440

CDR Learning Codes: 2030 (Food preservation, additives, irradiation), 8040 (Food Safety, HACCP, and sanitation).

Take the free program >

Nutricia Learning Center (35 hrs) <https://www.nutricialearningcenter.com/>

GI/Allergy

Practical Nutritional Management of Eosinophilic Esophagitis (EoE)

Join Mirna Chehade, MD, MPH, Associate Professor of Pediatrics and Medicine at the Icahn School of Medicine at Mount Sinai, for a webinar on the practical nutritional management of eosinophilic esophagitis.

Learning Objectives:

- Define EoE, identify the symptoms in children and adults, and discuss diagnostic findings
- Describe the types and efficacies of different diet therapies including their challenges and benefits

- Learn how to initiate and maintain dietary therapies including food introductions and the step-up vs step-down approach
- Describe how healthcare professionals can implement and optimize adherence to dietary therapies

[Watch Now](#)

*Nurses may claim CE credit for this webinar. RDs may claim CE credit for this webinar from 9/5/2019 to 9/5/2022.

[The Importance of Achieving Healthy Growth in Infants and Children: The Role of Amino Acid-Based Formulas](#)

Join speaker Dr. Timothy Sentongo, Associate Professor of Pediatrics, University of Chicago, to discuss the importance of achieving healthy growth in infants and children with cow milk allergy and the role of amino acid-based formulas.

- Define adequate and faltering growth in the infant and child population.
- Discuss the impact cow milk allergy can have on growth.
- Describe the role of amino acid-based formulas in the management and growth of infants and children with cow milk allergy.
- Summarize the clinical evidence behind the use of amino acid-based formulas in achieving normal and catch-up growth.
- Explain the clinical evidence for the components of amino acid-based formulas.

*Nurses may claim CEU credit for this webinar. RDs may claim CEU credit for this webinar from 7/16/2019 to 7/16/2022. To receive the Certificate of Attendance from this webinar, complete the survey link included on the last slide of the handout. Make note of the webinar code prior to submitting the survey. Then enter the code within the CE credit request section to receive your Certificate of Attendance.

[When to Use Amino Acid-Based Formula to Manage Cow Milk Allergy](#)

Join speakers Dr. Rosan Meyer, Pediatric Allergy Dietitian and Honorary Senior Lecturer at Imperial College London, and Dr. Carina Venter, Assistant Professor of Pediatrics, Section of Allergy and Immunology at Children's Hospital Colorado, to discuss the use of amino acid-based formulas to manage cow milk allergy.

Learning Objectives:

- Discuss factors that can influence choice of hypoallergenic formula
- Explain what guidelines advise on choice of hypoallergenic formula
- Name at least four practical indicators to use amino acid-based formula first line to manage cow milk allergy

*Nurses may claim CEU credit for this webinar. RDs may claim CEU credit for this webinar from 4/30/2019 to 4/30/2022. To receive the Certificate of Attendance from this webinar, complete the survey link included on the last slide of the presentation. Make note of the webinar code

prior to submitting the survey. Then enter the code within the CE credit request section to receive your Certificate of Attendance.

*Please log-in to view recording of "When to Use Amino Acid-Based Formula to Manage Cow Milk Allergy

[Balancing the Practical and Clinical Management of Food Protein-Induced Enterocolitis Syndrome \(FPIES\)](#)

Please join speakers, Dr. Jenna Timboe, MD, FAAP, Pediatrician and Fallon Schultz, MSW, LCSW, CAM Founder & Chair, International FPIES Association to discuss the practical and clinical management of FPIES.

Presentation objectives: Utilize case-based learning to:

- Identify signs and symptoms of FPIES
- Recognize the social impact of FPIES
- Understand the International Consensus Guidelines for the Diagnosis and Management of FPIES
- Learn how to manage FPIES

*Nurses may claim CEU credit for this webinar. RDs may claim CEU credit for this webinar from 11/8/2018 to 11/8/2021. To receive the Certificate of Attendance from this webinar, complete the survey link included on the last slide of the presentation. Make note of the webinar code prior to submitting the survey. Then enter the code within the CE credit request section to receive your Certificate of Attendance.

[Probiotics, Prebiotics and the Role of the Infant Intestinal Microbiota in Health and Allergic Disease](#)

Please join Kelly A. Tappenden, PhD, RD, FASPEN for an educational presentation on probiotics, prebiotics and the role of the infant intestinal microbiota in health and allergic disease. Dr. Tappenden is Head of the Department of Kinesiology and Nutrition at the University of Illinois at Chicago and the Editor-in-Chief for the Journal of Parenteral and Enteral Nutrition.

Presentation objectives:

- Discuss development of the intestinal microbiota in early life.
- Explain dysbiosis in the early life intestinal microbiota and allergic diseases.
- Understand the role of specific probiotics and prebiotics in pediatric nutrition.
- Explore emerging evidence in the management of cow milk allergy.

*Nurses may claim CEU credit for this webinar. RDs may claim CEU credit for this webinar from 7/13/2018 to 7/13/2021.

Metabolics

[So, Your Metabolic Patient is an Athlete: Integrating Sports Nutrition Concepts for Patients with Amino Acidopathies](#)

Please join our speakers, Karen Dolins, EdD, RD, CSSD, CDN and Stephanie Hacker, MS, RD, LDN, CNSC for a free, one-hour educational webinar on sports nutrition for patients with disorders of amino acid metabolism.

Webinar Objectives:

Describe the physiological changes that occur with exercise training and their impact on substrate utilization.

Understand nutrition strategies for sports performance.

Modify and apply sports nutrition principles for active patients with amino acidopathies, identifying ways to optimize the patient's metabolic control.

*This event is eligible for one (1) CE credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#); then obtain your certificate on NLC.

[Nutritional Management of Maternal Patients with Inborn Errors of Amino Acid Metabolism: What to Consider](#)

Please join us for a 1 hour educational webinar with Dr. Sandy van Calcar, Sarah Moran and Manon Bouchard regarding the nutritional management of maternal patients with inborn errors of amino acid metabolism.

Webinar Objectives:

Understand general considerations when managing such patients;

Discuss case reports relating to maternal homocystinuria and tyrosinemia;

Evaluate application of learnings to one's own clinical practice.

*This event is eligible for one (1) CE credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#); then obtain your certificate on NLC.

[The What, Why and How of Large Neutral Amino Acids \(LNAAs\) for Adults with PKU](#)

Please join Kathryn Moseley, MS, RD, Assistant Professor of Pediatrics at the University of Southern California, Keck School of Medicine, LAC+USC Medical Center in Los Angeles, California.

By partaking in the webinar, participants will be able to:

Understand how LNAAs can be incorporated into PKU management with off-diet individuals, those on standard medical food and those taking sapropterin dihydrochloride

Calculate LNAAs and know what to monitor while on LNAAs

Hear best practices and case reports with the use of LNAAs

*This event is eligible for one (1) CE credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#); then obtain your certificate on NLC.

[Part 3: Returning to Diet: Cognitive, affective, and motivational factors for people with PKU](#)

Join us for a 1 hour educational webinar with Benjamin Goodlett, PhD, Psychology Postdoctoral Fellow at the Metabolism Clinic at Boston Children's Hospital. He will be exploring mental, motivational and

executive functioning barriers that help explain the difficulties many adults with PKU face when returning to diet. Dr. Goodlett will also explain how to help patients overcome these challenges.

Understand the cognitive and affective (anxiety & depression) issues associated with adults with PKU when not following a low-PHE diet

Discuss the importance of health behavior changes in line with individual's values

Implement strategies to help patients overcome these challenges

*This event is eligible for one (1) CE credit. To obtain the code for your certificate of attendance, please fill out this brief survey [brief survey](#) then obtain your certificate on NLC.

[Part 2: Feeding Issues and Formula Transition in Older Children with IEM: Tips from the Experts and How to Overcome Them](#)

This is part 2 of our 3-part webinar series on feeding and diet topics in inborn errors of metabolism (IEM). Join us for a 1 hour educational webinar with Ligia Brochi, RD, CSP, LDN and Dena Dunn, PsyD (both at Children's Hospital of Philadelphia) discussing common feeding and formula transition challenges in patients with inborn errors of metabolism.

Webinar Objectives:

Identify possible feeding issue in patients with IEM and know when to refer to a feeding specialist;

Describe solutions and tips on how to help overcome formula transition challenges from a RD perspective;

Discuss a case report and relate learning to one's own practice.

*This event is eligible for one (1) CE credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#) then obtain your certificate on NLC

Neurology

[Keto University 2020 Kickoff – Navigating Telemedicine – Keto Tips and Tricks](#)

Learn tips and tricks from around the country from Nutricia's 5 Keto Ambassadors - Zahava Turner, RD, CSP, LD, Stacey Bessone, RDN, LDN, Robyn Blackford, RDN, LDN, Lindsey Thompson, PhD, RD, CSP, LD, and Vanessa Aldaz, MPH, RD, CDE, on how to manage ketogenic diet patients using telemedicine and diet instruction at home.

[Low Ratio, Slow Outpatient Initiation & Maintenance of the Medical Ketogenic Diet: Update & Practical Guidance for the RD](#)

Please join Jennifer Fabe, BSc, MSc, RD, for a 1-hour educational webinar.

Objectives:

Review updated statistics on patients who have been started on the medical ketogenic diet in Canada with the Low and Slow outpatient initiation method.

Calculate patient examples using the Low and Slow outpatient initiation method in further detail.

Answer questions from audience members about the Low and Slow Outpatient Initiation method.

*This event is eligible for 1 continuing education (CE) credit.

[The Present and Future of the Ketogenic Diet as it Approaches its Second Century](#)

Please join Eric Kossoff, MD for a 1-hour educational webinar on the present and future of the ketogenic diet.

Webinar Objectives:

Review the latest updates on ketogenic diet clinical use and expanded flexibility in 2020 based on the latest studies.

Learn about new initiatives coming at the Brighton meeting in October 3.

Recognize future directions and areas of needed ketogenic diet research for the second century of the ketogenic diet!

*This event is eligible for 1 continuing education (CE) credit.

[Feeding and Swallowing Assessment of the Pediatric Medical Ketogenic Diet Patient](#)

Please join Lindsey Phillips, OTD, OTR/L for a 1-hour educational webinar on feeding and swallowing assessment of pediatric patients on the medical ketogenic diet.

Webinar Objectives:

Learn the four components of a standard feeding and swallowing evaluation.

Identify environmental factors that should be considered during mealtimes.

Acknowledge possible behavioral components that impact feeding and swallowing skills.

Identify abnormal chewing and swallowing skills that impair safety with feeding.

*This event is eligible for one (1) CEU credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#) then obtain your certificate on NLC.

[KetoCal® 2.5:1: A New Medical Food to Manage Your Adult and Older Children on the Ketogenic Diet](#)

Please join Ellen Avery, MS, RD, Medical Advisor, Nutricia North America, for a 1-hour educational webinar on KetoCal 2.5:1.

Webinar objectives:

Review KetoCal's history and evidence

Understand how the new KetoCal 2.5:1 fits in your patients' epilepsy management plan

Discover the benefits and key nutritional components of the new KetoCal 2.5:1 for your patients

[Ketogenic Diet Therapy for Adults with Epilepsy](#)

Please join Kelly Faltersack MS, RD, CD, and Dr. Elizabeth Felton, MD, PhD, for a 1-hour educational Webinar on the dietary management of epilepsy in adults.

Identify adults who may benefit from ketogenic diet therapy

Discuss evidence supporting the use of ketogenic diet therapy in adults

Understand unique considerations for starting ketogenic diet therapy in adults (compared to children)

Learn about tools to help adults be successful when starting ketogenic diet therapy

*This event is eligible for 1 continuing education (CE) credit.

[A Systematic Review of Literature on the Quality of Life on the Ketogenic Diet](#)

Please join Martin Verkuyl, PhD, researcher from Nutricia Utrecht as he reviews research on the quality of life and the ketogenic diet.

By the end of this webinar, attendees will be able to interpret key studies that shape research on the quality of life in the ketogenic diet.

Eligible for 1 CEU credit for nurses and dietitians.

['Low and Slow' Low Ratio, Slow Initiation of the Ketogenic Diet in Outpatient Canadian Setting](#)

Please join Jennifer Fabe, BSc. MSc. RD from McMaster Children's Hospital in Hamilton, Ontario, for a 1-hour educational webinar on the topic of providing a low ratio and slow initiation of the ketogenic diet in an outpatient setting.

By the end of this webinar, participants will be able to:

Review challenges of initiation such as:

- Inpatient versus outpatient initiation

- Rapid initiation versus slow initiation

- Tiration variations

Low ratio, slow outpatient initiation:

- Method description

- Practical advantages

- Sustainability

*This event is eligible for one (1) CEU credit

[Ketogenic Diets: Modifications to Manage Seizure Disorders](#)

Please join Yeou-Mei Christiana Liu, MSc, RD, RDN, CHES of The Hospital for Sick Children, Toronto, Canada for an educational webinar on the ketogenic diet. By the end of this webinar, participants will be able to:

- Determine which ketogenic diet is suitable for each individual patient

- Modify various forms of the ketogenic diet to maximize effectiveness

*This event is eligible for one (1) CEU credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#) then obtain your certificate on NLC.

[Refractory Epilepsy Patients: Management Options when Drugs Fail](#)

Join us for a 1 hour educational webinar with Dr. Arthur Partikian discussing management options for refractory epilepsy patients when drugs fail.

Participants will be able to:

- Understand alternative management options when antiepileptic drugs (AEDs) fail

- Discuss the existing clinical evidence and mechanism of action for one such option: the ketogenic diet

- Identify best candidates for the ketogenic diet

- Evaluate how the ketogenic diet could benefit one's own patients

*This event is eligible for one (1) CEU credit. To obtain the code for your certificate of attendance, please fill out this brief survey [brief survey](#) then obtain your certificate on NLC.

[The Role of the Neurology Nurse in the Ketogenic Diet Program](#)

Join us for a 1-hour educational webinar with Claire Chee, RN, BS discussing the evolution of the role of the nurse in a ketogenic diet program. Nurse Claire will also share tips from her decades of experience with the ketogenic diet. This talk was one of the highlights of KetoU 2017 in Chicago, and we are pleased to be able to bring Nurse Claire's experience to a wider audience.

Participants will be able to:

Describe the role a neurology nurse can play within a ketogenic diet program.

Discuss how the addition of a neurology nurse could grow and enhance a keto team.

Understand issues that could arise in the ketogenic diet from a nursing perspective.

*This event is eligible for one (1) CEU credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#) then obtain your certificate on NLC.

[Ketogenic Diet Basics: The Modified Atkins Diet](#)

Please join our Keto Ambassador, Stacey Bessone, RDN, LDN for an informative webinar on the basics of the modified Atkins Diet.

By the end of this webinar, participants will be able to:

Describe the guidelines for use of the Modified Atkins Diet and an appropriate patient for the diet

Formulate an educational plan to instruct a family on the Modified Atkins Diet

Review a case study applying new knowledge from the MAD presentation

This webinar is eligible for one (1) CE credit for dietitians and nurses

Specialized Adult Nutrition

[Nuts & Bolts of Pressure Injuries: 2019 International Nutrition Clinical Guidelines](#)

Please join us for a free, one hour, educational webinar with speakers, Mary Ellen Posthauer, RDN, CD, LD, FAND and Nancy Munoz, DCN, MHA, RD, FAND on the topic of 2019 updated international pressure injury nutrition clinical guidelines.

Presentation objectives:

Review nutrition guidelines within the 2019 International EPUAP/NPIAP/PPPIA Pressure Injury Prevention and Treatment Clinical Practice Guidelines.

Highlight the changes and updates from the 2014 guidelines (2nd Edition), including a brief review of the recent literature and evidence used to develop the 2019 nutrition guidelines.

Discuss how malnutrition impacts the risk of developing a pressure injury and decreases the rate of wound healing.

Demonstrate the guidelines in action through a case report based on the nutrition care process that includes a review of nutrition assessment and relevant interventions.

The 2019 International EPUAP/NPIAP/PPPIA Pressure Injury Prevention and Treatment Clinical

Practice Guidelines can be found at: <http://internationalguideline.com/>

Printed copies of both the Quick Reference Guide and full 2019 International EPUAP/NPIAP/PPPIA Pressure Injury Prevention and Treatment Clinical Practice Guidelines can be obtained at <https://guidelinesales.com/>

*The 2019 International EPUAP/NPIAP/PPPIA Pressure Injury Prevention and Treatment Clinical Practice Guidelines does not endorse or indicate any specific product

Please note: This webinar is eligible for one (1) CE credit.

[Malnutrition Matters: Nutrition Management of Malnutrition in Chronic Kidney Disease](#)

Please join us for a free, one hour, educational webinar with Katherine Dressel, MS, RD, CSR on the topic of malnutrition in chronic kidney disease.

Presentation objectives:

Understand clinical characteristics of malnutrition according to published standards & guidelines.

Differentiate protein-energy malnutrition (PEM) and protein-energy wasting (PEW).

Highlight pathophysiology which contributes to protein-energy wasting in chronic kidney disease (CKD).

Review biomarkers in identifying and monitoring malnutrition.

*This webinar is eligible for one (1) CEU credit. To receive the Certificate of Attendance from this webinar, complete the survey link included on the last slide of the presentation. Make note of the webinar code prior to submitting the survey. Then enter the code within the CE credit request section to receive your Certificate of Attendance.

[Protein and Skeletal Muscle: Why Timing Matters](#)

Please join us for a free, one hour, educational webinar with Dr. Douglas Paddon-Jones on the topic of protein and skeletal muscle.

Presentation objectives:

Review major factors which impact skeletal muscle metabolism in adults.

Highlight changes that occur in skeletal muscle during aging and inactivity.

Understand the physiologic impact and benefit of optimal protein distribution.

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[What Can My Patients Eat? Nutrition Basics for Chronic Kidney Disease](#)

Please join us for a free, one hour, educational webinar with Melissa Prest, MS, RDN, CSR, LDN on the topic of medical nutrition therapy for chronic kidney disease.

Presentation objectives:

Distinguish nutrition recommendations and medical nutrition therapy through each stage of chronic kidney disease.

Explain nutritional considerations for special populations with chronic kidney disease.
Identify common nutrition interventions used in chronic kidney disease patients.

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[Nutrition Matters: Micronutrients and Pressure Injury Healing](#)

Please join us for a free, one hour, educational webinar with Nancy Munoz, DCN, MHA, RD, FAND on the topic of nutrition, with a focus on micronutrient needs, and pressure injury healing.

Learning Objectives:

Understand the role of micronutrients in the management of pressure injuries

Recognize the key micronutrients essential in promoting pressure injury healing

Implement patient-centered nutrition interventions for the management of pressure injuries

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[Nutritional Therapy in Critical Illness: Knowing its Value and Best Mode of Delivery](#)

Please join Nutricia North America for a one hour, audio-recorded webinar with Dr. Stephen McClave, Professor of Medicine and Director of Clinical Nutrition at the University of Louisville School of Medicine, on the topic of nutritional therapy in the critically ill patient.

Webinar Objectives:

Learn the value of providing early nutritional therapy in both high and low risk patients.

Appreciate the change from commensal symbiosis and homeostasis to virulent pathobiome and immune dysregulation in critical illness.

Understand the appropriate timing for initiation and rate of advancement of enteral feeding.

Know the emerging role of parenteral nutrition in the ICU.

*This is an audio recording only.

This webinar is eligible for one (1) CEU credit. To obtain the code for your certificate of attendance, please fill out this [brief survey](#) survey then obtain your certificate on NLC.

[Modern Clinical Strategies to Tackle Urinary Tract Infections in Post-Acute Care Settings](#)

Please join us for a free, one hour, educational webinar with Dr. Hudson Garrett Jr. on the topic of urinary tract infections. Dr. Garrett Jr. is the President and CEO of Community Health Associates LLC and the Infection Prevention Institute and Assistant Professor of Medicine at the University of Louisville School of Medicine.

Webinar Objectives:

Discuss the clinical significance of urinary tract infections across the continuum of care

Review current evidence-based strategies for improving outcomes associated with infection control efforts to manage urinary tract infections
Discuss the correlation between the CDC Core Elements for Antibiotic Stewardship and urinary tract infections

*This webinar is eligible for one (1) CEU credit.

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[Dietary Fiber, Prebiotics, and Adult Health](#)

Please join us for a free, one hour, educational webinar with Hannah Holscher, PhD, RDN, on the topic of dietary fiber, prebiotics, and adult health.

Webinar Objectives:

Define dietary fiber and prebiotics.

Identify fibers and prebiotics that can be fermented by gut microbes.

Establish a connection between the gut microbiota and health.

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[Antibiotic Resistance in the Post-Acute and Long-Term Care Settings: Strategies for Stewardship](#)

Please join us for a free, one hour, educational webinar with Dr. Hudson Garrett, Executive Vice President and Chief Clinical Officer for the National Association of Directors of Nursing Administration (NADONA).

Webinar Objectives:

Discuss the impact of antimicrobial and antibiotic resistance in long-term care settings.

Review the CDC core elements of the antibiotic stewardship program.

Discuss strategies to ensure success in the implementation and maintenance of an antibiotic stewardship program and ways to achieve productive collaboration between nursing and providers.

*This webinar is eligible for one (1) CEU credit.

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[Protecting the Gut Microbiome: Is There a Way?](#)

Please join us for a free, one hour, educational webinar with Dr. Gail Cresci, PhD, RDN on the topic of the gut microbiome.

Upon completion of this webinar, attendees will be able to:

Provide overview of the gut microbiome describing factors which alter composition

Define pre and probiotics

Identify nutritional strategies for modifying gut microbiota in the context of antibiotic use

*This webinar is eligible for one (1) CEU credit.

To receive the Certificate of Attendance from this webinar, complete the survey link included on the last slide of the presentation. Make note of the webinar code prior to submitting the survey. Then enter the code within the CE credit request section to receive your Certificate of Attendance.

[Addressing Sarcopenia and Protein-Energy Malnutrition through Dietary Management](#)

Please join Elizabeth Friedrich, MPH, RD, CSG, LDN, for a free, one hour educational webinar on the topic of sarcopenia and protein-energy malnutrition in older adults.

Upon completion of the webinar, participants will:

State the criteria used to identify protein-energy malnutrition

Define sarcopenia and sarcopenic obesity

Understand protein needs for healthy older adults and older adults with diagnoses common to residents in long-term care

State at least three interventions that can be used to increase protein available

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