

WIC CODE CHEAT SHEETS

BF & PP WIC CODES

Effective October 1, 2015

“A” (Anthropometric) Codes

Code #	Code Name	Description/Cut-off	Icon
101	Pre-Pregnancy or Current BMI <i>LESS THAN 18.5</i>	- Post-Partum or breastfeeding woman less than 6 months postpartum with a pre-pregnancy BMI of less than 18.5 - Breastfeeding woman greater than 6 months postpartum with current BMI less than 18.5	❤️ 🧤
111	Pre-Pregnancy or Current BMI <i>GREATER THAN OR EQUAL TO 25</i>	- Post-Partum or breastfeeding woman less than 6 months postpartum with a pre-pregnancy BMI of 25 or more - Breastfeeding woman greater than 6 months postpartum with current BMI of 25 or more	❤️ 🧤
133	High Maternal Weight Gain	Total pregnancy weight gain higher than recommended range based on pre-pregnancy BMI	🧤

“B” (Biochemical/Blood Work) Codes

Code #	Code Name	Description/Cut-off	Icon
201.1	Low Hemoglobin	Hemoglobin below the Nutritionist cut-off level	❤️ 🧤
201.2	Low Hemoglobin	Low hemoglobin, does not require Nutritionist referral	🧤
211	Elevated Blood Lead Level	<u>Diagnosed</u> by a physician with high blood lead level	M

“C” (Clinical/Health and Medical) Codes

Code #	Code Name	Description/Cut-off <i>All must be <u>Diagnosed</u> Unless marked with a *</i>	Icon
303	Hx of Gestational Diabetes	History of Gestational Diabetes in any previous pregnancy	M
304	Hx of Preeclampsia	History of Preeclampsia in any previous pregnancy	M
311	Hx of Preterm Delivery	A previous baby born at ≤ 37 wks*	M
312	Hx of Low Birth Weight	Any previous baby born at ≤ 5lbs 8 oz*	M
321	Hx of Fetal or Neonatal Loss	Hx of an involuntary loss of any pregnancy or any previous baby who died within first 28 days of life*	M
331	Pregnancy at a Young Age	Conception ≤ 17 yrs of age*	🧤
332	Short Interpregnancy Interval	Conception before 18 mos postpartum*	M
333	High Parity and Young Age	Under 20 yrs of age who have had 3 or more pregnancies (greater than 20 weeks)*	🧤
335	Multi-fetal Gestation	Carrying more than one fetus in current pregnancy	❤️ 🧤
337	Hx of Birth of a Large for Gestational Age Infant	Any previous baby born at ≥ 9 lbs or any previous baby diagnosed as Large for Gestational Age	M
339	Hx of Birth with Nutrition Related Congenital or Birth Defect	Hx of giving birth to a baby who has a congenital or birth defect linked to inappropriate nutrition intake (e.g. spina bifida)	M
341	Nutrient Deficiency Diseases	Diseases caused by insufficient intake of nutrients	❤️ M

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342	Gastro-intestinal Disorders	Gastro-Esophageal Reflux Disease (GERD), Peptic Ulcer, Short Bowel, Inflammatory Disease, etc	♥ M
343	Diabetes Mellitus	Type I or type 2 (diagnosed prior to pregnancy)	♥ M
344	Thyroid Disorders	Hyper or hypothyroidism	M
345	Hypertension and Pre-hypertension	High blood pressure, Pregnancy-induced high blood pressure, Preeclampsia	♥ M
346	Kidney (renal) Disease	Any kidney disease (does not include bladder infections)	♥ M
347	Cancer	Any cancer	♥ M
348	Central Nervous System Disorders	Epilepsy, Cerebral Palsy, neural tube defects, Parkinson's or Multiple Sclerosis	♥ M
349	Genetic and Congenital Disorders	Cleft palate, down's syndrome, muscular dystrophy	♥ M
351	Inborn Errors of Metabolism	PKU, Maple syrup Urine Disease or other metabolic disorders	♥ M
352	Infectious Diseases	Tuberculosis, Pneumonia, meningitis, hepatitis, bronchitis (3 episodes in 6 mos), HIV/AIDS	♥ M
353	Food Allergies	Diagnosed immune response to food allergen	♥ M
354	Celiac Disease	Celiac Sprue, Gluten Enteropathy	♥ M
355	Lactose Intolerance	Inability to digest lactose	M
356	Hypoglycemia	Low Blood Sugar	♥ M
358	Eating Disorders	Anorexia nervosa, bulimia	♥ M
359	Recent Major Surgery, Trauma, Burns	Any major surgery, trauma or burns within past 2 mos or more than 2 mos if diagnosed need	M
360	Other Medical Conditions	Asthma (Severe or moderate), cystic fibrosis, heart disease, Rheumatoid Arthritis	M
361	Depression	Clinical Depression	M
362	Developmental Delays, etc	Brain injury, impaired function, autism, etc	♥ M
363	Pre Diabetes	Hyperglycemia	♥ M
371	Maternal Smoking	Any smoking of tobacco products*	M
372	Alcohol and Drug Use	Any alcohol or illegal drug use*	M
381	ORAL HEALTH CONDITIONS	Dental caries, periodontal disease, tooth loss	M

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“D” (Dietary) Codes

Code #	Code Name	Description/Cut-off	Icon
401	Failure to Meet Dietary Guidelines for Americans	No other risk identified	 M
427.1	Consuming dietary supplements with potentially harmful effects	Exceeding recommended doses - Single or multi-vitamins - Mineral supplements (iron) - Herbal or botanical supplements and remedies	M
427.2	Diet very low in calories/essential nutrients; or hx of bariatric surgery	- Vegan diet - Macrobiotic diet - Other diets low in calories/nutrients - Bariatric surgery	M
427.3	PICA	Compulsively consuming non-food items such as: Dirt, clay, starch	M
427.4	Not providing recommended supplements	- Less than 150 µg of supplemental iodine per day - Less than 400 mcg of folic acid from fortified foods and/or supplements daily	M
601	Breastfeeding Mother	Mother’s milk is the primary source of nutrition for an infant	
602	Breastfeeding Complications	- Severe breast engorgement - Recurrent plugged ducts - Mastitis - Flat or inverted nipples - Severely sore or damaged nipples ≥40 years of age - Tandem nursing (not twins)	 M

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“E” (Environmental) Codes

Code #	Code Name	Description/Cut-off	Icon
801	Homelessness	- Without a regular nighttime residence; or primary nighttime residence is a shelter - Temporarily lives with another person (<365 days)	
802	Migrancy	At least one person in the family works in agriculture on a seasonal basis	
901	Abuse	- Physical/emotional/sexual abuse - Neglect	
902	Limited ability to prepare foods or determine when to provide food	≤ 17 years of age (HANDS assigns) - Mental or physical disability - Severe depression - Hx or current substance abuse	
903	Foster Care	In foster care ≤ 6 months	
904	Smoke Exposure	Smoking or exposure to smoke	