

## Assessment Scenario Path 2 Selection 1 Video

Angela: Can you tell me something about meals with your family?

Liz: It's not too bad but we go back and forth with each other about which foods Xavier's gonna eat.

Angela: You and Xavier go back and forth about his food choices. Can you tell me a little more about that?

Liz: Yeah. For instance, I'll tell him, "Eat some vegetables." And he'll say, "Oh, I'll eat just one bite."

Angela: Is he a good eater most of the time? Tell me about that.

Liz: Yeah. I'd say so. He always eats his meals. He loves breakfast.

Angela: What about snacks?

Liz: Yeah, he's a good snacker, but I try to give him healthy snacks, you know, like goldfish crackers and Cheerios.

Angela: And does Xavier drink milk or juice?

Liz: He likes to drink b-- about two cups of the 1% milk and a cup of apple juice.

Angela: So it sounds like Xavier generally eats pretty well but he doesn't much like veggies. That's great. And of course there are lots of kids who don't care for vegetables. Some of the moms at WIC find that their kids enjoy vegetables when they're cooked in different ways. Would you be interested in seeing a recipe that's worked well for other kids Xavier's age?

Liz: That would be great.