

**Counseling: Beliefs and Basics**  
Level 1 Handout: Switching Our Language

<b>Common Statements</b>	<b>Positive Approach</b>
Our policy is that mothers who opt for formula get fewer foods.	
We can't really give you any more formula if you're breastfeeding.	
The peer counselor isn't here today.	
You don't meet the income qualifications. There's nothing more we can do.	
We can only give breast pumps to women who are exclusively breastfeeding.	