

NORMAL BREASTFEEDING: BABY BEHAVIOR

LEVEL 2 HANDOUT: COUNSELING ROLE PLAY

Situation #1

A new mother of a 2-week-old baby calls the WIC office to ask, “Is it normal for babies to cry all the time?” She reports her baby is fussy and seems to want to nurse all the time. Baby has 4-5 normal breastfed stools daily.

Open-ended Questions:

Affirming Statements:

Education/Anticipatory Guidance:

Yields:

Situation #2

A new mother of a 2-day-old baby calls her peer counselor from the hospital. She reports that her mother-in-law is at the hospital with her and thinks the baby needs formula because her baby is so fussy. She wonders if it would be okay.

Open-ended Questions:

Affirming Statements:

Education/Anticipatory Guidance:

Yields:

Situation #3

The mom of a 5-day-old baby tells the WIC CPA that she would like to receive a partial breastfeeding food package so she can also give her baby some formula. She reports that her baby will not sleep, and her mother told her giving baby some formula would help.

Open-ended Questions:

Affirming Statements:

Education/Anticipatory Guidance:

Yields:

Situation #4

A pregnant woman attends the WIC prenatal class. When information about rooming-in is presented, the mother reports keeping her hospital room quiet will be impossible since her entire family is looking forward to staying with her and she will not want to disappoint them.

Open-ended Questions:

Affirming Statements:

Education/Anticipatory Guidance:

Yields: