

# HANDOUTS: PROBLEM SOLVING – DASHBOARD 2: COMMON INFANT ISSUES

## PROBLEM SOLVING: COMMON INFANT ISSUES

### LEVEL 2 HANDOUT: SCENARIOS

#### Scenario #1

Abby is a WIC mom breastfeeding her 2-week-old daughter, Carmen. Abby brought Carmen to the WIC clinic today because she is worried about her baby. She was referred to a peer counselor and told her that baby Carmen is not latching well and just doesn't seem interested in nursing anymore. Abby says Carmen sleeps most of the time and has not had a wet or dirty diaper for a day or two. When asked about the baby's weight, Abby says Carmen has not been to the pediatrician yet, so she is unclear what the weight is, but her baby "seems skinny" to her.

*What the Mom Might Feel:*

*Affirmation:*

*Potential Cause(s):*

*Solution Cards:*

*Yields:*

#### Scenario #2

The WIC clinic receives a call from Denise, who is breastfeeding her 1-week-old baby, Thomas. Denise used formula with her older child and wanted to give breastfeeding a try. However, she said she would like formula for Thomas, too, since he is not latching well. She says he seems to "spit me out" whenever she tries to latch him, and thinks maybe he is better off just using formula as her older child did. She has already given Thomas some formula in a bottle since he is not latching well.

*What the Mom Might Feel:*

*Affirmation:*

*Potential Cause(s):*

*Solution Cards:*

*Yields:*

### **Scenario #3**

The WIC peer counselor received a text message from a WIC mom named Karen, who is breastfeeding her 4-day-old baby boy, Nathan. The text read: “When I woke Nathan up this morning, he seemed a little yellow-looking. Is that normal?” When the peer counselor called the mother, she learned that Nathan fed around 7 times yesterday and wasn’t interested in continuing to breastfeed after about 5-6 minutes. His stools are still dark, and he had two poops yesterday.

*What the Mom Might Feel:*

*Affirmation:*

*Potential Cause(s):*

*Solution Cards:*

*Yields:*

### **Scenario #4**

Melanie is successfully fully breastfeeding her 1-month-old baby girl, Megan. She is very committed to breastfeeding and WIC staff at the clinic have provided great support. She came to WIC today for pick up her benefits and reported that she is frustrated that Megan seems to be allergic to her milk because she spits up after nearly every feeding. Although the healthcare provider says her weight is on target, Melanie worries that Megan will not continue to gain weight if she continues spitting up.

*What the Mom Might Feel:*

*Affirmation:*

*Potential Cause(s):*

*Solution Cards:*

*Yields:*

### **Scenario #5**

The WIC peer counselor received a call from Felisha, a mom who has been successfully breastfeeding her baby boy, Walker, for 7 months. Felisha reported that Walker has been less and less interested in breastfeeding, so she has been giving him more solid foods to make sure he gets enough to eat. Yesterday, he bit her, and it shocked her. Now Walker refuses to latch at all and Felisha is getting engorged. She is frantic that he has stopped breastfeeding because she had hoped to nurse for a year.

*What the Mom Might Feel:*

*Affirmation:*

*Potential Cause(s):*

*Solution Cards:*

*Yields:*

### **Scenario #6**

Megan is a first-time mother of twins, who were born at 37 weeks. Megan was able to express milk the first few days while they were assessed in the NICU, and the hospital lactation consultant helped her latch the babies. She is now home with the babies. She reports to the peer counselor that breastfeeding seems to take a lot of much time, and she wonders if she will be able to make enough milk for two babies.

*What the Mom Might Feel:*

*Affirmation:*

*Potential Cause(s):*

*Solution Cards:*

*Yields:*