

## COMMON INFANT ISSUES: SOLUTION CARDS

Latch baby appropriately

Yield to the CPA/DBE

Yield mom to her health care provider

Yield mom to her baby's health care provider

Affirm the mother's feelings

Avoid bottle nipples

Encourage more frequent breastfeeding (8-12 x/day)

Urge mom to follow baby's hunger cues and not delay feedings

Avoid using pacifiers

Be patient

Wake baby for feedings

Feed baby long enough to finish feeds

Give tips for waking sleepy infant

Try nursing both babies simultaneously

Hold baby upright during and after feeding

Hold the baby skin-to-skin to encourage self-latch

Breast compressions while feeding the baby

Breastfeed the baby in other positions

Give the baby formula.

Urge the mother to express milk by hand or with a breast pump

Continue breastfeeding

Stop breastfeeding

Breastfeed in a dimly lit room with few distractions

FREE CARD - Write in your OWN suggestion

