

COMMON MATERNAL ISSUES: SOLUTION CARDS

Massage breasts

Hand express breastmilk

Apply warm compress to breasts

Apply cold pack to breasts

Latch baby appropriately

Feed baby with chin or nose lined
up with plug

Express milk with a breast pump

Yield to the DBE

Yield to the CPA

Apply lanolin or breast milk

Affirm the mother's feelings

Reposition baby in another way

Avoid perfumes and lotions

