Assessment Guide

= Potential WIC Codes/Key Areas to Assess



100's Anthropometric = HT/WT, %tiles (Anything related to weight gain, loss, growth)

- What has your doctor said about your child's growth/your weight?
- How do you feel about your weight changes?
- How do you feel about your child's growth?

Probe for these topics depending on what participant shares from questions to assess for all risks

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✓	Family's feelings on growth/gain	\	Weight change
~	Women: Feelings on weight gain/loss	~	Prematurity/Birth weight



200's Biochemical = Blood Tests (Anything related to blood- anemia, lead)

- What has your doctor said about your/your child's iron and lead levels?
- What have you heard about anemia and lead screening?
- Have you or your child had a lead test before?



300's Clinical = Health/Medical Conditions

(Anything related to medical history, medical conditions, doctor access or pregnancy)

- What has your doctor said about your pregnancy/baby/child?
- What concerns do you have about your/your child's/your baby's health?
- How does this pregnancy compare to your previous pregnancies?
- How often do you feel down, depressed or hopeless? / ¿Qué tan seguido se siente triste, deprimida(o) o desesperada(o)?
- How often do you have little interest or pleasure in doing things? / ¿Qué tan seguido se siente desganada y sin ánimo de hacer nada?
- What has your doctor or dentist said about your/your child's/your baby's oral health?

Probe for these topics depending on what participant shares from questions to assess for all risks

MON	i	BABY		CHILD	
~	Prenatal Care	~	Allergies	~	Oral/Dental Health
~	Nausea/Vomiting	✓	Medical	✓	Allergies
~	Previous Pregnancy		Conditions	✓	Medical Conditions
~	Medical History (Recent Surgery,	~	Immunizations	✓	Immunizations
	Delivery)	~	Oral/Dental	✓	Medications
~	Medications		Health		
~	Allergies	~	Medications		
~	Oral/Dental Health				



400's Diet and Nutrition

- What is meal time like for you/your family?
 - When do you know baby is hungry? How does baby tell you?
- How do you feel about your appetite?
- How do you feel about your child's/your baby's eating?

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Probe for these topics depending on what participant shares from questions to assess for all risks

MOM		BABY		CHILD	
✓	Beverage/Water	~	Solids foods/Beverages	✓	Beverage Intake/Cup Use
✓	Appetite		Plan/What/how/when	✓	Fluoride supplementation
	(Likes/Aversions/Cravings)	✓	Food Safety	✓	Milk Intake & Type
✓	Prenatal Vitamins	✓	Vitamins	✓	Vitamins
✓	Food Safety	✓	Breastfeeding	✓	Food Safety
✓	Breastfeeding		-How often/typical feeding	✓	Intake/ Foods (picky
	-Questions/Feelings	✓	Formula (Oz/day,		textures, number of meals,
✓	Milk Consumption and Type		Preparation)		portions)
✓	Eating patterns	✓	Bottle use	✓	Parent/Child Roles
		✓	Fluoride supplementation		



900's Environmental/Other Factors (Anything related to smoking, substance use, safety)

- What are your thoughts about smoking in your home or around you or your kids?
- In the past seven days, have you and/or child been exposed to tobacco smoke, including aerosols from Electronic Nicotine Delivery Systems (e.g., vape pens, vaporizers, electronic cigarettes, etc.) within enclosed spaces?
- How do you feel about your safety in your relationship?
- How do you feel about your child's/your baby's safety in your family relationships?
- What concerns do you have about drugs or alcohol?

Probe for these topics depending on what participant shares from questions to assess for all risks

✓	Exposure to tobacco smoke or aerosols, or use of tobacco products	✓	Drug or Alcohol Abuse
✓	Safety/Abuse	\	Foster Care

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C	300's Clinical = Health/Medical Conditions			
USE TOOL HERE	400's Diet and Nutrition			
E	900's Environmental/Other Factors			