

Breastfeeding Complications Educational Material by Code

WIC Code 602 (Mom)	English	Spanish
Severe breast engorgement	Engorgement	Congestión mamaria
Recurrent plugged ducts	Plugged ducts	Conductos Obstruidos
Mastitis	Mastitis	Mastitis
Flat or inverted nipples	Sore Nipples	Pezones Alodoridos
Cracked, bleeding, or severely sore nipples	Sore Nipples	Pezones Alodoridos
Age ≥40 years	Low Milk Supply	Baja producción de leche
Failure of milk to “come in”/increase in volume by four days postpartum	Low Milk Supply	Baja producción de leche
Tandem nursing (breastfeeding two siblings who are not twins)	Breastfeeding Answers pages 623-629	

WIC Code 603 (Infant)	English	Spanish
Jaundice	Jaundice	Ictericia
Difficulty latching onto mother’s breast	Sore Nipples What makes a “good” latch	Pezones Alodoridos What makes a “good” latch
Infant with weak or ineffective suck (includes suspected or diagnosed tongue or lip ties)	Sore Nipples Hand expression Pumping tips	Pezones Alodoridos Al extraerse la leche materna Consejos para extraerse la leche
Inadequate stooling for age (as determined by a physician or other health care professional), and/or a report of less than 6 wet diapers in 24 hours	Low Milk Supply A Breastfeeding Baby’s Diaper Guide	Baja producción de leche Guía del pañal para el bebé que está lactando

Video Resources:

Hand Expression

[UNICEF UK Baby Friendly Initiative](#) – 2:36

[Global Health Media](#) (English) – 7:30

[Global Health Media](#) (Spanish) – 7:30

Paced Bottle Feeding

[The Milk Mob](#) - 3:46

[Emerald Doulas](#) - 3:02

[Texas Health and Human Services](#) - 2:58

Latching

[Global Health Media](#) - 10:26

[Raising Children AU](#) - 4:38