

The Spirit of Participant Centered Services

Handout:

The Heart of Participant Centered Services

Spirit and Style

- C: Collaborative
- A: Accepting
- R: Respectful
- I: Individualized
- N: Non-Judgemental
- G: Genuine

Participants talk about their concerns and their ideas for change

Strategies

- Opening the conversation
- Complete assessment before counseling
- Talk time
- Explore what they know or have tried
- Participant picks a topic to discuss
- Menu of options
- Closing the conversation

Summarizing

Open-ended Questions

Affirmations

Reflections