

PCS Observation Guide

Staff name: _____

Date: _____

Some Skills to Listen and Watch for:	Observations: Specific examples you heard or observed
<ul style="list-style-type: none">▪ Opens the Appointment/ Sets agenda▪ Asks Permission▪ Affirms participant▪ Asks Some Open-Ended Questions▪ Completes most of assessment before educating▪ Allows time for participant to talk▪ Summarizes what participant has said▪ Offers nutrition education on appropriate, client- directed topics using PCS skills and emotion-based language▪ Works with the participant for next steps/plan▪ “Spirit” of PCS: shows genuine warmth; respectful; accepting and non-judgmental; avoids “should”, “need to”▪ Other?	